

# Personalized Benefits for Better Health and Wellness



Maintaining a healthy lifestyle has a positive effect on almost every aspect of a person's life. That's why as a **CoxHealth Medicare Advantage (HMO)** member, you'll receive a Benefits Mastercard® Prepaid Card loaded with an over-the-counter (OTC) benefit allowance, fitness benefit allowance, and reward dollars.



## Over-the-Counter (OTC) Benefit

You can use your **\$90.00 quarterly** OTC benefit allowance to purchase eligible products.

*Convenient purchasing options include:*

- Online and by phone
- Participating locations
- Mail completed order form



## Fitness Benefit

To help promote an active lifestyle, you can use your **\$20.00 monthly** fitness benefit allowance for qualifying expenses such as:

### Home Fitness Kits

- Light Fitness Kit
- Medium Fitness Kit
- Heavy Fitness Kit
- Rehab Fitness Kit
- Yoga Fitness Kit

### Eligible Fitness Activities/Memberships

- Gym Membership
- Access to Public Sports Facilities
- Group Fitness Classes

**LEARN MORE TODAY!**

**877-200-3357 (TTY: 711) | [CoxHealthMedicareAdvantage.com](https://www.CoxHealthMedicareAdvantage.com)**



**COXHEALTH**

**Medicare Advantage**  
by Cox HealthPlans



## Rewards Program

Earning rewards is easy! Once you complete a healthy activity and your health plan is notified, your rewards will be loaded onto your card.

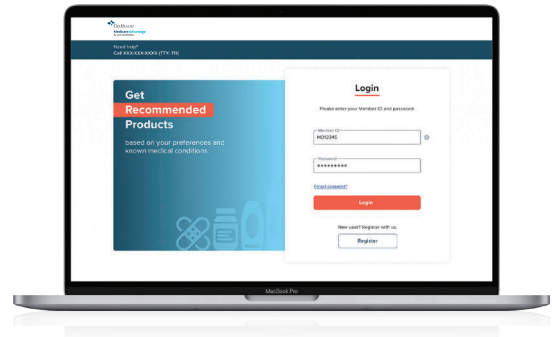
Rewards Activity	Rewards Amount
Annual Wellness	\$25.00
Diabetic Screening Eye	\$10.00
Diabetic Screening HBA1C	\$10.00
Diabetic Kidney Exam	\$10.00
Flu Vaccine	\$10.00
Colon Screening	\$20.00
Breast Cancer Screening	\$20.00

## Premier Online Experience

Log in to your **member portal** and explore these features and more.

*You can easily:*

- **Activate** your card
- **View** your available balances
- **Order** health and wellness items
- **Track** order status in real-time



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